



move learn grow

HOP in and see...

A magical place, where frogs sleep on lily pads, and wear running shoes. Where.....we tumble, roll, climb, jump and jog.



Clamber Club promotes fitness, health and learning!



"Come - Let's go
adventuring -
we'll learn as we
BOUNCE along."

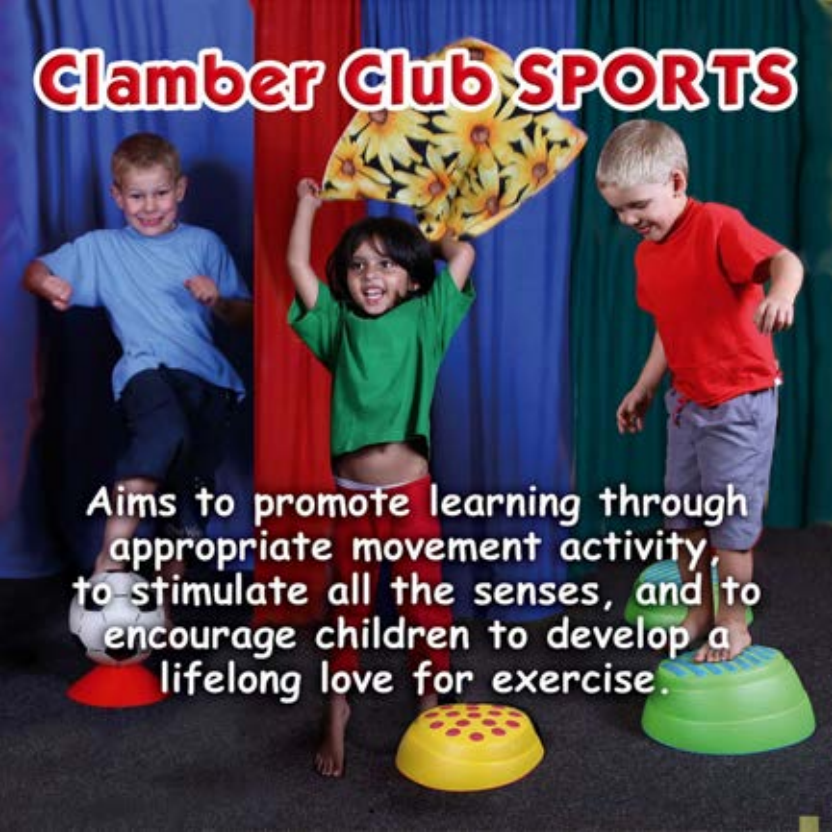
Jog the Frog our Clamber Club fitness mascot who loves to jog!

**BOUNCE, BOING, JUMP
JOG, JIGGLE**



**The SPORTS
programme for playgroups
& preschools**

Clamber Club SPORTS



Aims to promote learning through appropriate movement activity, to stimulate all the senses, and to encourage children to develop a lifelong love for exercise.

Our Programme



Clamber Club
SPORTS
is a sensory and
perceptual motor
programme for
preschoolers developed by
occupational therapist
Liz Senior.



What skills does the programme cover?

All the perceptual motor skills such as:

- eye hand and eye foot coordination
- body awareness
- spatial skills
- bilateral integration and motor planning

What skills does the programme cover?

These skills form the foundation for later academic learning.



What other skills does the programme cover?



The Senses:

- Visual
- Auditory
- Tactile
- The proprioceptive and vestibular senses

Clamber Club SPORTS equipment



Many of our pieces are imported and children love the variety of equipment used.

Clamber Club SPORTS equipment



Is unique, challenging and exciting.

Clamber Club SPORTS equipment

We may work on the same skill but use different pieces as this promotes motor planning and keeps the children actively interested.





Practicalities

- **Ages:** From 2 to 6 years
- **Number in classes:** Classes are divided into age appropriate groups with 10 children per lesson. This ensures a quality class with maximum benefit to the children
- **Time:** Each lesson lasts 30 minutes

And last but not
least



classes are FUN!

Clamber Club

Join the brand that loves to move!



babies@clamber
2-9 months

Movement & Stimulation classes

CLAMBER CLUB

move learn grow

babies@clamberclub.com www.clamberclub.com

toddlers@clamber
1-3 years

Movement & Stimulation classes

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toddlers@clamberclub.com www.clamberclub.com

PARTIES!
1-9 years

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Clamber Club SPORTS
for 9-5 year olds

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sports@clamberclub.com www.clamberclub.com

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babies@clamber, toddlers@clamber,
Clamber Club SPORTS and party entertainment

www.clamberclub.com