



move learn grow

HOP in and see...

A magical place, where frogs sleep on lily pads, and wear running shoes. Where.....we tumble, roll, climb, jump and jog.



Clamber Club promotes fitness, health and learning!



"Come - Let's go
adventuring -
we'll learn as we
BOUNCE along."

Jog the Frog our Clamber Club fitness mascot who loves to jog!

**BOUNCE, BOING, JUMP,
JOG, JIGGLE**



move | learn | grow

toddlers@clamber

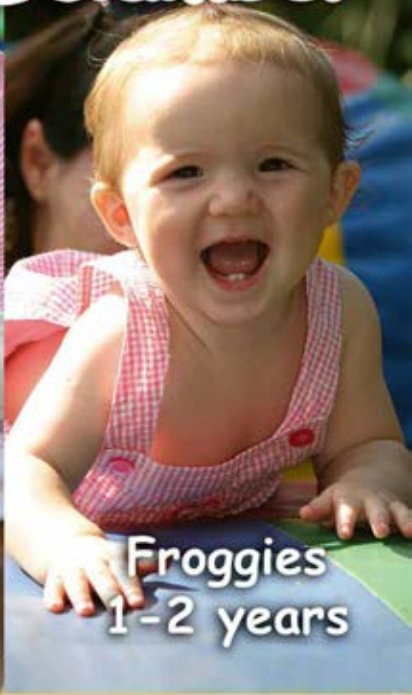


Clamber Club aims to promote learning through appropriate movement activity, to stimulate all the senses and to encourage children to develop a life long love for exercise.

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Leap frogs
2-3 years



Froggies
1-2 years

Our Programme



Is developed by occupational therapist Liz Senior.
The Clamber Club has been running classes and programmes since 1990.

Covers all aspects of development, but focuses on movement, as this is where learning begins.



Our Indoor Programme



A big welcome from Jog the Frog our fitness mascot, action song music, and exercises to strengthen the body

Our Indoor Programme



• Movement and rhythm

Our Indoor Programme



- Perceptual motor and sensory stimulation.

Home made ideas

A Big Part of Clamber Club is how you can carry the theme of what we focus on at Clamber Club, into your home. Our homemade ideas are there to inspire you!



A group of parents and toddlers are gathered in a brightly decorated room for an indoor program. The room is filled with colorful balloons in shades of red, yellow, green, and blue. The floor is covered with large, colorful mats in green and red. Parents are sitting on the mats with their children, and some are holding large, colorful balloons. The atmosphere is cheerful and educational.

Our Indoor Programme

**Specialised themes to teach your toddler
about the world around him**

Our Outdoor Programme



Wide range of equipment - versatile, unique, age appropriate

Our Outdoor Programme

A young child with a pink bow in their hair, wearing a light blue long-sleeved shirt and a pink skirt, is crawling on a red plastic obstacle course. The child is looking towards the camera. In the background, there is a person in a white shirt and blue jeans standing near other colorful obstacle course equipment on a grassy area. The scene is outdoors with trees and a fence visible in the distance.

Equipment promotes - body awareness, spatial skills, eye hand and eye foot coordination, balance, bilateral integration, the understanding of concepts, strong agile, flexible and healthy bodies, a sense of confidence, achievement and pride.

Our Outdoor Programme

A woman with blonde hair, wearing a maroon long-sleeved shirt and blue jeans, is smiling and holding the hands of two young children. One child, a boy with dark hair wearing a white tank top and blue shorts, is sitting on a yellow and red inflatable slide. The other child, a toddler with blonde hair wearing a red and white striped shirt and blue shorts, is standing on a green and blue inflatable mat. The background shows green trees and a grassy area.

Skill of the week promotes sequencing, the ability to follow instructions, turn taking, social skills, balance, eye hand coordination and motor planning.

Our Outdoor Programme



Gathering activity that focuses on the theme of the week and includes balls skills, or concept development.

Our Programme



Messy Play

And last but not least



move learn grow

classes are FUN!

Clamber Club

Join the brand that loves to move!



babies@clamber
2-9 months

Movement & Stimulation classes

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1-3 years

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1-9 years

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Clamber Club SPORTS
For 9-99 year olds

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